

INSTRUCTIONS | INSTRUCCIONES



SCAN QR CODE TO REGISTER

ESCANEE EL CÓDIGO QR PARA REGISTRARSE

2

CREATE A PROFILE

CREA UN PERFIL

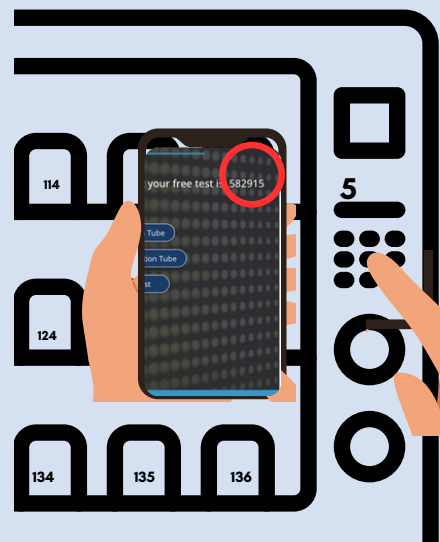
3



SELECT ONE OPTION AND FILL OUT THE FORM

SELECCIONE UNA OPCIÓN Y LLENE EL FORMULARIO

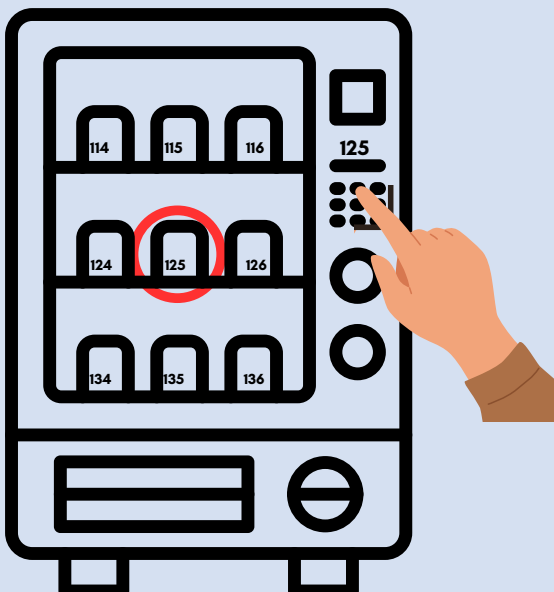
4



TYPE IN YOUR VEND-A-KIT ID # IN THE KEYPAD

INGRESE SU NÚMERO VEND-A-KIT # ID EN EL TABLERO

5



TYPE IN A SELECTION

INGRESE UNA OPCIÓN

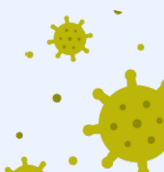


NEED HELP?

NECESITA AYUDA?

CALL | LLAME AL

858-945-4553





How to swab myself
video



UC San Diego | San Ysidro Health | Global ARC | Scripps Research

PREVENT

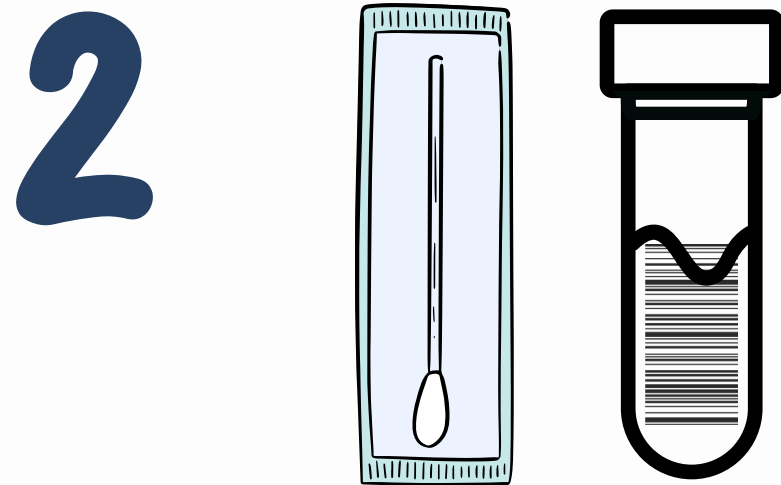


How to swab children
video

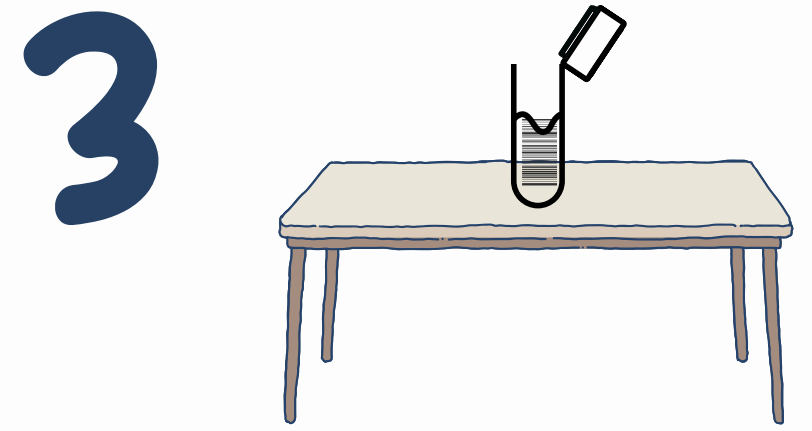
SWAB INSTRUCTIONS



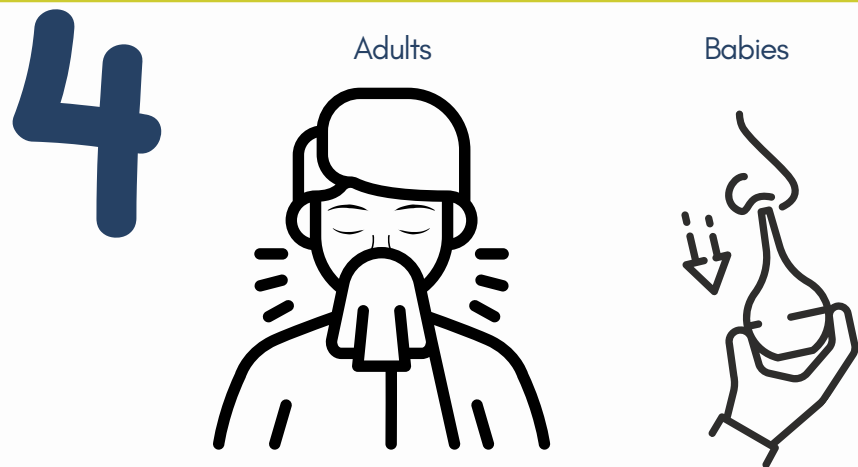
Use hand sanitizer
or wash hands.



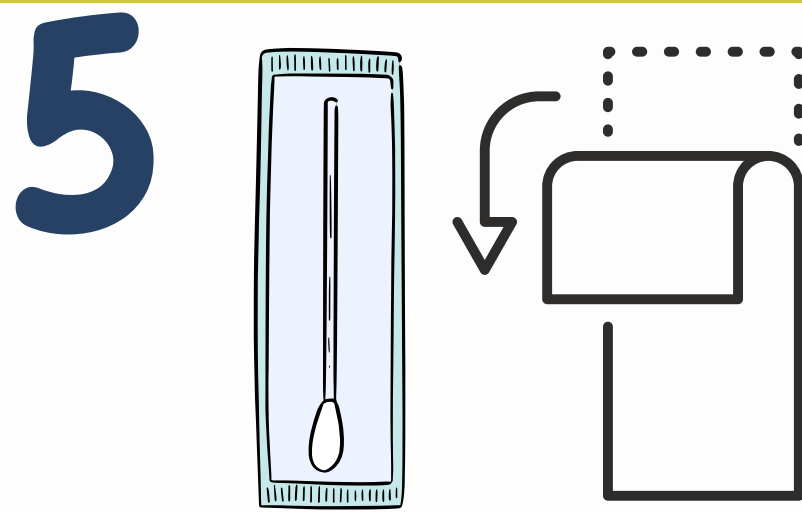
Take everything out of the test kit
(1 test tube and 1 cotton swab).



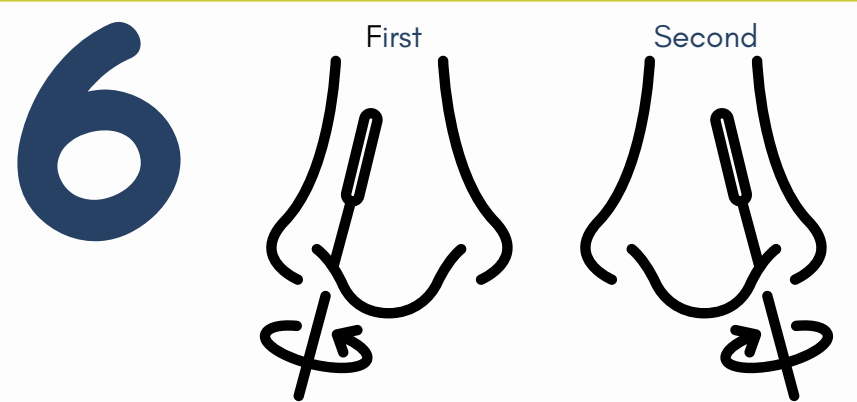
Unscrew tube lid and set the tube
somewhere secure. Do not throw out
the liquid inside the tube.



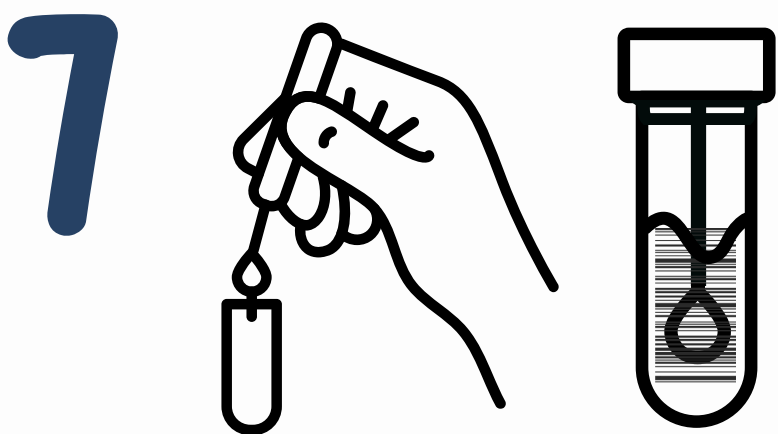
Prior to swabbing, individuals should blow
their nose. For babies, parents should
suction babies nose.



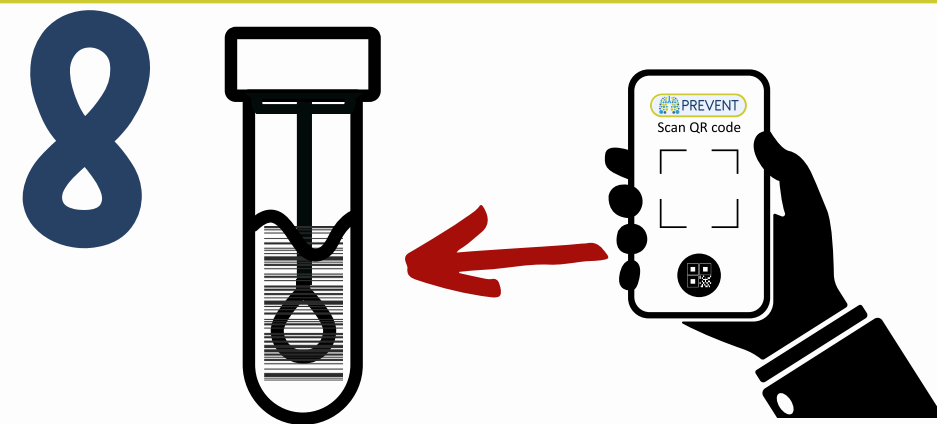
Peel open cotton swab. Please, do
not touch the white cotton tip.



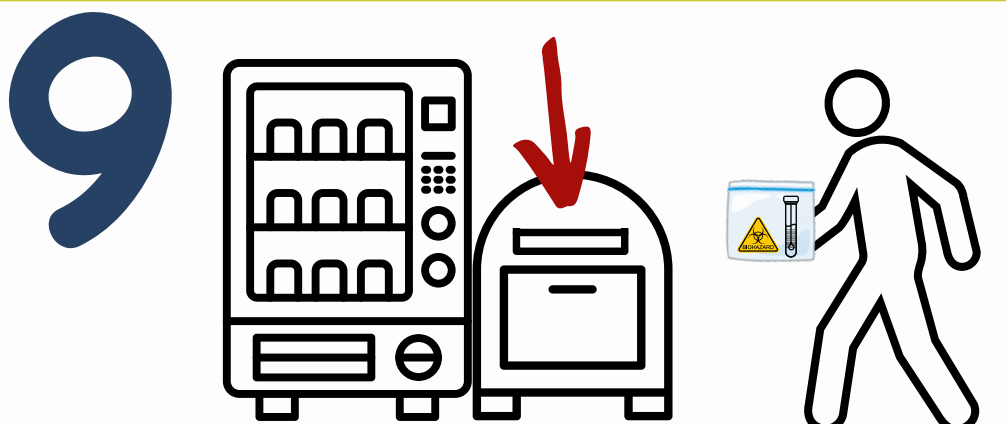
Insert swab tip 1 cm (1/2 inch) into one
nostril. Rotate tip against septum 3
times. Hold in place 15 seconds. With
the same cotton swab, repeat in the
other nostril.



Drop the swab into the tube
and screw on tube lid firmly.



To receive results, you **must scan the
barcode** on the tube using the PREVENT
app. If you are helping others test, make
sure you scan the correct tube.



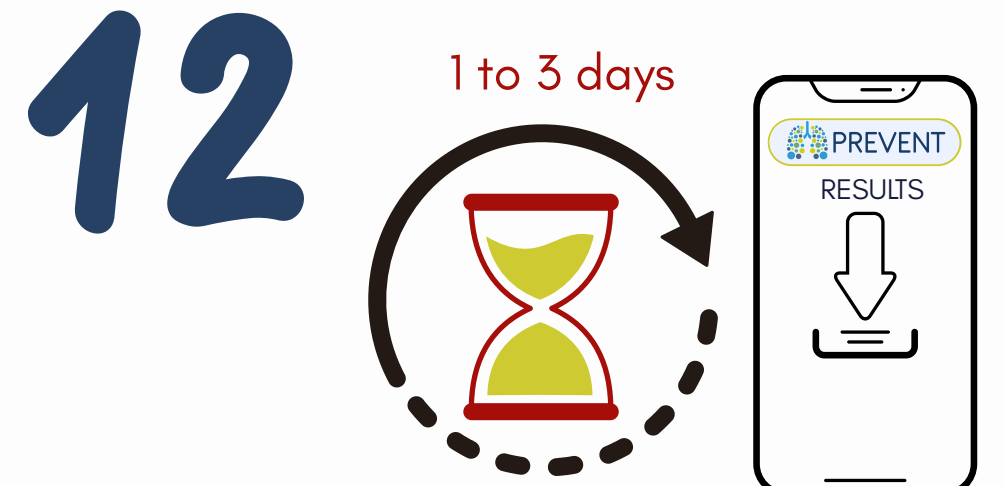
Transport the tube to a
dropbox next to the vending machine
on the same day you swab.



Deposit your sample inside
the dropbox.



Use hand sanitizer
or wash hands.



Results will be returned within 1 to 3
days via the PREVENT App.

If your results are not back within 3 days,
please retest and email prevent@health.ucsd.edu or call (858)945-4553